



RAINBOW
INTERNATIONAL SCHOOL UGANDA

RAINBOW INTERNATIONAL SCHOOL UGANDA (RISU)

Kansanga (off Gaba Road), Nanganda Lukuli, Tyaba Zone

P. O. Box 7632, Kampala, Uganda

Tel: +256 (0)393 266 696/7; (0)393 283 816

Cell: +256 (0)758 032 501

Email: info@risu.sc.ug

Website: www.risu.sc.ug

MENTAL HEALTH AND WELLBEING PRACTITIONER

(PART-TIME/3 DAYS A WEEK)

We are seeking a dedicated, Certified, Mental health and wellbeing practitioner to join our team. The successful candidate will provide essential mental health support and guidance to students throughout the school, promoting their emotional well-being and academic success. This is a part-time position covering 3 days a week.

This is not a "behind-the-desk" role. As our Mental Health Practitioner, you will be deeply woven into the fabric of whole-school life. You will support a diverse student population spanning Early Years to Pre-University (ages 3–19), tailoring your approach to meet a wide range of developmental needs.

Beyond supporting our students, you will be a vital resource for our families and staff, helping us build a cohesive, empathetic, and resilient school community.

Skills and Qualifications:

- Bachelor's Degree in Psychotherapy, Social Work, Health and wellbeing or related field
- Professional registration and certification with a recognised body
- Three or more years of experience working as a Mental health professional within an educational setting
- Experience with neurodiverse learners, crisis intervention, and vulnerable children risk assessment.
- Strong understanding of child and adolescent development
- Ability to assess student needs and develop appropriate intervention plans
- Excellent communication and interpersonal skills
- Confidentiality and ethical practice in handling sensitive information

Key Responsibilities

Student Counselling & Mental Health Support

- Deliver confidential short-term individual counselling and group interventions.
- Support students with anxiety, mood, social challenges, identity, academic pressure, grief.
- Conduct risk assessments, safety planning, and reintegration support.
- Maintain confidential records; refer to external providers when appropriate.

Preventative Wellbeing Education

- Design and deliver workshops and assemblies on resilience, emotional literacy, stress management, digital wellbeing, healthy relationships, and transitions
- Contribute to Personal Development and wellbeing curriculum and awareness campaigns
- Promote student voice and peer wellbeing initiatives

Principal: Mr. D. Jones, principal@risu.sc.ug



The Patron's
ACCREDITATION

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Parent & Staff Partnership

- Advise parents on adolescent emotional health; facilitate parent workshops
- Deliver staff professional development on wellbeing, safeguarding, and mental health
- Support culturally sensitive communication with diverse families

Strategic Contribution

- Contribute to wellbeing strategy, policy development, and evidence-informed practices
- Analyse trends and emerging student needs

Essential attributes:

● **Passion & Empathy:** A genuine, demonstrable drive to improve the mental health and well-being of children, underpinned by empathy, patience, and a sincere commitment to student welfare.

● **Versatility & Proactivity:** The ability to pivot effortlessly from play-based therapeutic approaches for Early Years children to teenage-focused guidance for secondary students, combined with a proactive attitude toward identifying issues early.

● **Global Mindset & Inclusivity:** As an international school, open-mindedness is non-negotiable. You must possess the cultural competence to connect with families from diverse nationalities and foster an inclusive environment that respects differences.

● **Collaboration:** Exceptional interpersonal skills with the ability to build trust quickly and work effectively as a team player alongside teachers, parents, and administration.

● **Professional Integrity & Growth:** The judgment to balance student confidentiality with safeguarding duties—accurately discerning when to escalate to the Designated Safeguarding Lead—paired with a dedication to continuous professional development.

If you are passionate about supporting students' mental health within an international school community committed to excellence, we encourage you to apply for this rewarding position.

How to Apply: Please email your application letter and a detailed CV to applications@risu.sc.ug. Address your application letter to the **Principal**. Only emailed applications will be considered.

***Combine your application letter and CV into a single PDF file and send this document only.**

In the CV, please include a passport-sized photo at the top of the first page and the names and contact details of three professional referees (recent & current line managers, Headteachers, Principals, or Heads of School).

Closing Date: Friday, 16th October 2026

Only shortlisted candidates will be contacted.

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For more information about the school please visit our website – www.risu.sc.ug and/or our Facebook page.

Rainbow International School Uganda is a safer recruitment school and is committed to safeguarding and promoting the welfare of children and young people. Applicants must be willing to undergo appropriate child protection screening and rigorous background checks (including contacting previous employers). The successful candidate must possess a valid National ID card (for Ugandans) or passport (for non-Ugandans) and will be asked for a recent ICPC/Interpol check and the equivalent police Certificate of Good Conduct from the country of current residence/employment, police checks and from countries where the candidate has previously lived or worked, notarised copies of relevant academic documents, yellow fever vaccination card (for non-Ugandans) and a pre-employment fit for work certification (as well as any other documents that may be required for work permit application for non-Ugandans).

We are an Equal Opportunities Employer (EOE)

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