



THE INGOMA

News with a beat

A welcome from THE EDITOR

Welcome to The Ingoma! Dear Rainbow School Community, I hope this letter finds you all in good health and high spirits. It is my pleasure to extend a warm welcome to the first edition of "The Ingoma – News with a Beat", our school newsletter.

In the spirit of the rainbow, our school is a place where diversity is celebrated and individuality cherished. So along with the fresh academic year and additions to our school community, comes the name of our newsletter 'The Ingoma.' In Uganda, one of the most cherished regions is the Western part where we find tribes such as the Banyankole. An ingoma is a type of drum played by men on festive occasions usually to welcome an important guest, and in the same mood of excitement, our newsletter team brings you a platform for communication and collaboration within the school community.

Through the pages of this newsletter, we aim to capture the essence of our school's talents, achievements, and experiences. Each section is a testament to the colourful tapestry of our community, where every student, teacher, and staff member contributes to the brilliance of our institution, and we can occasionally bring you the occurrences of the outside world. In this edition, we'll talk about any future or ongoing events, hear from the principal, and read an item from the careers department, among other things. Stay with us so you don't miss out on these amazing topics.

Thank you for your ongoing support, and we look forward to sharing more exciting updates and stories in the future with different editors in chief for each edition updated fortnightly. With warm regards,

Cynthia, editor,
The Ingoma

If the wind will not
serve, take to the oars.

LATIN PROVERB



In this edition

- **Welcome by the principal**
- **Careers with Ms. Donah M**
- **The SEN Rotary Run**
- **Enrichments: Annie**
- **Primary**
- **Film Review**
- **Upcoming Events**
- **Quizzes**

Save the date.....

30/09/23 - The school Award ceremony

04/10/23 - ISSAK Athletics

05/10/23 - Whole school assembly and Uganda Day

06/10/23 - Parent Teacher Consultations

07/10/23 - Half term holiday begins

16.10.23 - Inter House Dodgeball

27/10/23 - Swimming Gala

30/10/23 - Outdoor Learning week

A word from the principal



Dear Reader

As another school year begins I would just like to thank the new editorial team for taking the responsibility of putting the Rainbow newsletter together for this year. Mr Matthew Holborow our new Deputy Head of Secondary and Mr. Robert Muchiri have kindly agreed to take over coordinating the editing and production of the newsletter but I do know that most of the real work of selecting articles and putting each edition together is going to be down to our students who have volunteered. Our intrepid new team is made up of:



Mr. Holborow
Abigail Yr 12
Iram, Yr11
Cynthia Yr11
Misha Yr 12
Dhyani Yr7
Denis Yr11

Mr. Muchiri
Gabby Yr12
Malcolm Yr9
Alvin Yr8
Patrick Yr8
Zianna Yr8
Omar Yr11

There will also be some changes this year. We are going from weekly to fortnightly, that doesn't mean that you will be getting less information, it actually means you'll be getting more as more people will be contributing. There will also be a change of name which is to be decided. It is worth noting that the newsletter was highly commended by COBIS when they visited us last year, our Lead Improvement Partner said how professional and informative it was and that it was an excellent example of "pupil voice".

I am sure it is going to be another year of really interesting, entertaining, thought provoking and enjoyable articles. There will be contributions from Early Years; Primary and Secondary keeping us all up to date with what is happening at Rainbow. We are looking forward to a busy year and I am sure many of the highlights will be featured in the Rainbow Newsletter.

As it is our first edition I would also like to welcome our new teachers who have joined us this year. I sincerely hope they too enjoy reading the magazine and hopefully make a contribution from time to time. Our new teachers are:-

Primary School

Richard Mottram - Head of Primary
Dalmas Sitoki – Year 6 Teacher
Teddy Kalinda – Year 5 Teacher
Christine Kirabo (TA)
Teddy Ajwang (TA)

Secondary School

Matthew Holborow - Deputy Head of Secondary
Robert Brooks – Head of Performing Arts
Dylan Wood – History Teacher
Kenneth Tui – Boarding Parent and PE Teacher

Finally, I would just like to wish the editorial team the best of luck and thank them once again for their enthusiasm towards producing our school magazine.

Derek Jones,

School Principal



On Sunday, the 27th of August, RISU Learning Support team members took part in the Rotary Cancer Run at Kololo Independence Grounds.

It was the 12th edition of the race this year, and some of our RISU staff had run it several times in the past; for others, it was their first time. It was a lot of fun, and many “selfies” were taken along the way.

Simultaneously, there were forty other races in towns throughout Uganda. Fifty thousand participants took part across the country. The race theme was “Run for Hope” and focused on three aspects: increasing cancer awareness, promoting increased access to cancer treatment, and encouraging early cancer detection through medical camps that will be conducted nationwide.



Water points were sponsored by Krystal Water, who also gave a cash donation of UGX 150 million. All proceeds from this year’s events will go towards constructing a cancer treatment center at Nsambya Hospital. The race organizers plan to raise UGX 2 billion for this cause.

“The Only Constant in Life Is Change.”- Heraclitus

Film Review By Malcolm Kisa 90B

Blue Beetle

Basically, Blue Beetle is about a guy named Jaime Reyes who has just graduated from university and is going for a job interview in a building that happens to have an ancient scarab hidden in the place.

A girl named Jenny Kord (who wants to give Jaime the job), accidentally gives him the ancient scarab in a lunch box during an emergency.



I would give Blue Beetle an 8/10.

when Jaime opens it, the scarab comes to life and enters him making Jaime Blue Beetle. Later on, there are a series of fights and events that change him forever.

PG-13





Mrs. Donah Mucunguzi

I am thrilled and honored to take on the role of School Careers Adviser and University Counsellor. As we embark on this new academic year together, I want to express my excitement and dedication to supporting each student in their educational journey.

The transition from school to university is a pivotal phase in a student's life, and it is my mission to guide and empower our students as they navigate this crucial path. I have a passion for helping young minds explore their interests, discover their talents, and plan for a bright and fulfilling future.

Here at RISU we understand that every student is unique, with distinct aspirations, dreams, and potential. My goal is to work closely with students and their families to provide personalized guidance, ensuring that each student can make informed decisions about their academic and career pursuits. Whether it's exploring college options, preparing for standardized tests, or aiding with scholarship applications.

In addition to one-on-one counseling sessions, I will also be organizing informative workshops, seminars, and events throughout the year, designed to equip students with the skills and knowledge they need to succeed in their academic and professional pursuits.

As the school year unfolds, I encourage students to reach out to me with any questions, concerns, or ideas they may have. Parents and guardians, I invite you to engage with me in this important journey as well. Open communication between school, students, and families is key to achieving success, and I am always available to discuss your child's educational and career aspirations.

I am excited about the potential and possibilities that this school year holds, and I look forward to helping students reach their full potential and embark on a successful and fulfilling academic journey.

Please feel free to reach out to me at dmucunguzi@risu.sc.ug to schedule appointments or ask questions. Let's make this school year a fantastic and transformative experience.

Mrs. Donah Mucunguzi, Head of Careers

A NOTE ON THE CLASS OF 2023

Of the thirty-nine students who graduated last year, thirty-three have gone on to study overseas to countries including UK, Us, Canada, Australia, Grenada, Malaysia, Switzerland, Kenya and South Africa.

Amongst the many courses and majors, three of them are doing Medicine, eight are doing different courses in Engineering, three are pursuing Law, three are doing Business administration, one has gone for Computer Science at RIMI. We have a few doing Economics, Finance and investment, Marketing, Psychology, Pharmacy, and a number of our BTEC students have already settled in for Hospitality and Hotel Management.

I am glad to also say that one of our students has followed his dream and is studying a BA in Music at NEC in Birmingham. We wish them the best in their future studies and welcome them to visit the school when in Uganda to talk with younger students about their experiences..

Annie interviews and Enrichment

Enrichment has begun with a bang, with many clubs and activities running this term. For example, Cooking Class, Beading, UGMUN, ALAMAU, Artificial Intelligence... the list goes on.

In addition, a large number of students are involved in the production of the musical 'Annie'. the most anticipated and exciting of events. Starring Talia in Year 10 and Julia in Year 11 as the titular heroine, the production will be performed at the National Theatre on Friday 9th February 2024 at 6:00 PM, and Saturday 10th February 2024 at 3:00 PM. We interviewed some of the cast members:



What is the hardest part about playing the violin and why do you enjoy it?

I play the violin in the production. What I like the most is playing with others and being involved with other people. But what I find challenging is memorising notes as well as following along with everyone else. It takes a lot of effort and practice but if you practise enough you will eventually get it.

Daniella Twebaze Yr9OB

By Patrick Y8 and Iram Y11

What is your role? What do you find fun about it??

My role in this production is to sing. I don't really find anything challenging, it's rather fun and easy. I also love being involved with others. **Michael Yr9**



What is the hardest part about singing and why do you enjoy it?

The hardest part about singing in the production is balancing and managing the time because it takes me a lot of effort to memorise the lyrics, however singing is something I am passionate about and it brings me comfort. **Malikia Yr11OM**



Primary Prefects

Secondary Student Leadership in the Primary School

The Primary School children were very happy to welcome the new **Primary Prefects:** Delina, Grace and Adabell!

Punctuality stickers

Children in Early Years and Key Stage 1 who arrive in the classroom before 7:45am are given a sticker from the Primary Prefects!



Assembly Quiz

(L-R) Grace, Delina and Adabell hosted a house quiz in the Key Stage 2 assembly last week. At first we thought it was quite easy, but there were a few bonus questions and trick questions.

Our Primary Prefects have been invited to be guest judges at the Primary Dance Show next week Friday.

The show will be on Friday 29th September at 1:45pm on the Upper Basketball Court.

**ALL EARLY YEARS AND
PRIMARY PARENTS ARE
INVITED!**

Primary Dance Show



What is happening in Primary?



Introducing Mr. Mottram

Hello there, I hope you are all well and feel settled into the new school year. Before I introduce myself, those of you with children in primary school will already know me a little, so forgive the repetition.

My name is Richard Mottram and I have the privilege of taking over the role of Head of Primary from Miss Loudon. I am thrilled to join Rainbow's community, where every day is an opportunity to inspire and empower our young learners.

While writing this I have only been in RISU for 5 weeks and already, as I walk around the campus, children call my name to say hello and come up for a chat and many adults have come over to welcome me to RISU at the beginning or end of day. It has truly been the warmest possible welcome to RISU (and, in fact, to Uganda) - for that I thank you.

RAINBOW INTERNATIONAL SCHOOL UGANDA



MR. RICHARD MOTTRAM

HEAD OF PRIMARY

I thought you might like to know a little bit about my background. I have been in education since 2003, mainly working in Church schools in the East Midlands area of the UK. My first Headteacher role was in a lovely, small, rural Church school in Lincolnshire, where I was Headteacher for 5 years. I then moved to a larger international school in Cairo, where I was Head of Primary for a further 4 years.



I have 4 children, 3 of whom are older and still in the UK, and one who has come with my wife and I to Kampala. I was delighted to accept the role of Headteacher at RISU having visited the school in February 2023. I really was impressed by the vibrancy of the children, the dedication of the teaching team and exciting curriculum. Walking around RISU in February I was delighted by the behaviour and politeness of the children. I really value these traditional attitudes of politeness, consideration and respect, as they guide children through the rest of their lives - socially, academically and, later on, within the world of work.

Introducing Year 6 parents to the Cambridge Checkpoints

I have a firm belief that a child's values guide them throughout their lives and know the traditional values RISU holds will be an excellent grounding for our children. As a headteacher, I am also passionate about ensuring every child reaches their full potential academically. RISU Primary has an exciting curriculum that offers fun and engaging activities to the children. This exciting curriculum is key to their success alongside a rigorous focus of the key subjects of English and Mathematics. So, alongside enjoyment, awe and wonder in the classroom, I will also expect academic excellence. RISU is a great school, and with the teaching team, Mrs Andrewather, and the support of parents, it will continue to grow and excel in helping our children to thrive academically, socially and morally.

I look forward to getting to know each student, parent, and member of the Rainbow community. Here's to a fantastic year together of growth, learning, and boundless possibilities!

Richard Mottram, Head of Primary
Rainbow International School



PRIMARY LIBRARY

Grand Opening

At am on Friday 15th September, the sun shone down on the brand new Primary Library.

All Primary and Early Years children and a large number of parents attended the Grand Opening of the newly refurbished Primary Library on Friday last week. The two winners of a competition, Maya (1CS) and Jennifer (5TK), were invited to cut the ribbon to mark the library's official opening.



The library is officially open! Miss Catherine helps Maya (1CS) to cut the ribbon.

Over the summer holiday, the library was doubled in size and kitted out with brand new furniture, carpets, bean bags and a large variety of new books. This is all part of RISU's unwavering drive to raise the profile of reading for pleasure.

I have always imagined that paradise will be a kind of library.
— Jorge Luis Borges

Thanks go to a large number of RISU teachers, past and present, who have passionately promoted a love of reading in our school and have been the driving force behind the new library development. A special mention to Mrs Bakashaba (Primary English Coordinator) and Miss Catherine (Primary Librarian), who gave the final push to ensure the new library was ready, open, fully stocked and looking so wonderfully welcoming for the children.



Children and parents enjoying old and new books, and one of the beautiful new murals in the library



No matter how busy you may think you are, you must find time for reading, or surrender yourself to self-chosen ignorance.

– Confucius

A traditional library will have a variety of books to serve different age groups, but RISU has taken this a step further. We want our library to serve all members of our culturally diverse RISU community. We want the characters in our books to be from all around the world, not just Europe. We want our children to read about and be inspired by characters they can identify with culturally. Mrs Bakashaba has ensured cultural diversity in our Primary library by buying a swathe of new books written by authors with African heritage and about characters with African heritage. This has already been hugely successful in promoting a culture of reading at RISU. One child said she loved to read about a character who looks like her.

And the authors themselves have been inspired by us! Watch this space for upcoming visits from famous authors!

RISU's Primary Library is going viral - 'tweeted' & 'retweeted' many times over by the likes of Janelle McCurdy (author of *Mia & the Lightcasters*) and BB Alston (author of *Amari & the Nightbrothers*).

IMAGE: New mural in the library

It is what you read when you don't have to that determines what you will be when you can't help it.

– Oscar Wilde



A new home for old books: Mrs Kotecha opening the Nakulabye Library

Mrs Kotecha's (RISU Director) understanding of the importance of developing literacy in Uganda is well-known. Over the last few years she has set up the Jivtiba Foundation to promote literacy and libraries in slum areas in and around Kampala. The Foundation set up the Nakulabye Library, as well as some KCCA libraries. Furniture, old computers and over 5,000 old books have been donated by RISU and other organisations/individuals to support this initiative.

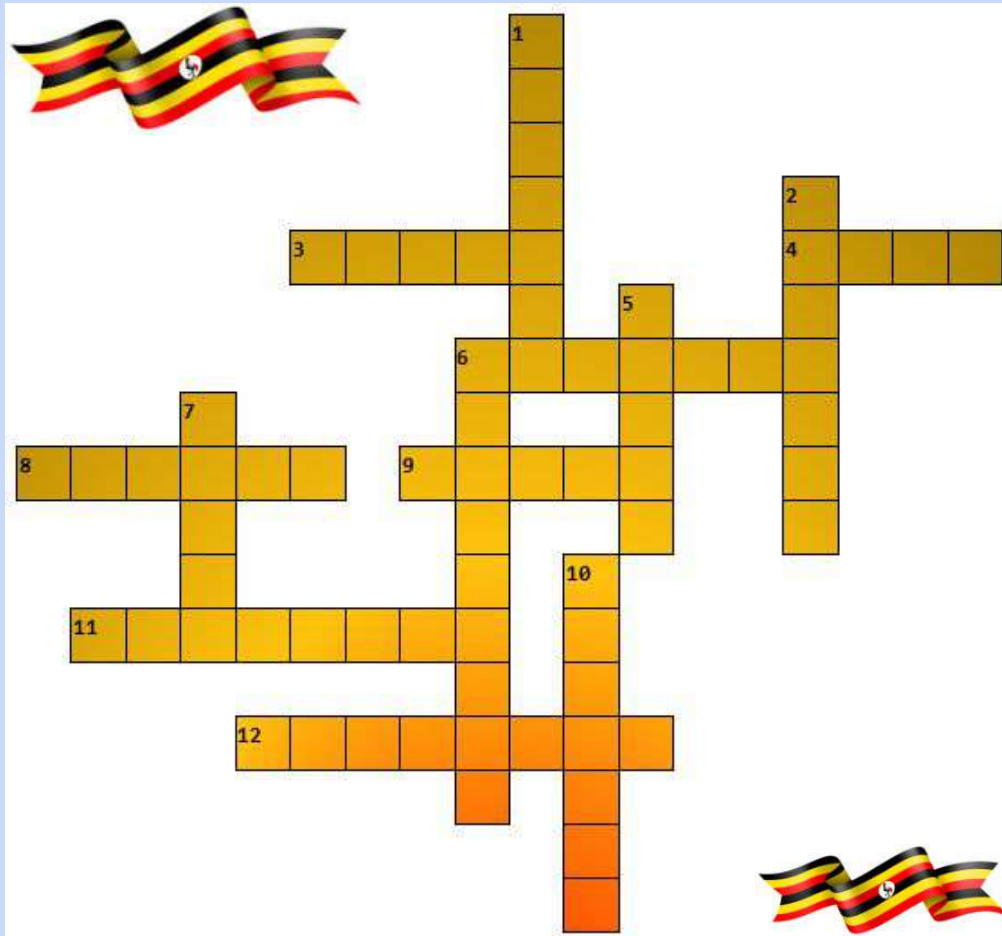


Hello everyone, here are the exciting events that we can expect for this school term!!

Event	Date
ISSAK Athletics	4/10/2023
Whole School Assembly	5/10/2023
Parent Teacher Consultations	6/10/2023
Inter House Dodgeball(Yr 11=13)	16/10/2023
Secondary Swimming Gala	27/10/2023
Outdoor learning Week	30/10/2023
Science Fair	10/11/2023
Secondary Sports Day	17/11/2023
ISSAK Swimming Gala	22/11/2023
Rainbow Bazaar	25/11/2023
ISSAK Football Finals	2/12/2023
ISSAK Cross Country	5/12/2023
End of Term One	8/12/2023



QUIZ TIME!



Across

Down

- 3. Neighboring country
- 4. The longest river in the world
- 6. Traditional banana based food
- 8. National park in the north
- 9. National bird of Uganda
- 11. Snow capped mountains in Uganda
- 12. The biggest lake in Africa

- 1. Capital of Uganda
- 2. Former capital of Uganda
- 5. Popular street food
- 6. Famous falls
- 7. Island in Ugandan territory
- 10. Largest ape