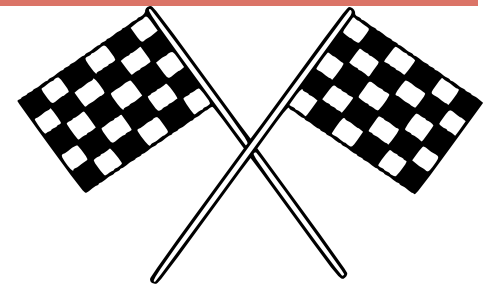


# THE WEEKLY RAINBOW

VOL. 22  
ISSUE 18

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What a competitive Primary Sports Day it was! From track events, field events and the house challenge. All houses battled for more points to win either the spirit cup or the overall cup.

In track events, students were able to showcase amazing talent in long distance races, short sprints, hurdles and relays. Some of the excellent skills displayed were good lift of knees, arms pumping, good body formation and passing of the baton.

In Field events, there was an excellent display of balancing, throwing, shooting and accuracy skills whilst performing the shooting through a hoop, throwing into a target, bean bag relay, water race, big shoe race, sack race, obstacle race and, potato and spoon events.

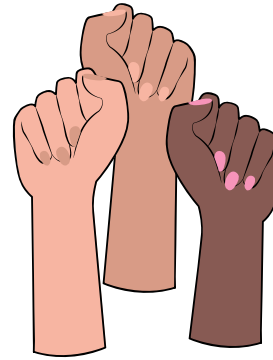
CONGRATULATIONS to Rwenzori for winning both the spirit cup and overall winner cup!!!!

MASSIVE THANK YOU to everyone who made the primary sports day successful:)



**Coach Benson**

# WOMEN'S DAY



International Women's Day is a day that celebrates the achievements of women while also raising awareness about the ongoing struggle for gender equality. The day has its roots in the early 1900s, when women's rights activists in Europe and the United States began organizing to demand better working conditions, voting rights, and other basic rights for women. Since then, the fight for women's rights has continued, and International Women's Day serves as a reminder of the progress that has been made as well as the work that still needs to be done. Women have made great strides in the areas of education, politics, and business, but there is still a long way to go before true gender equality is achieved.

One of the biggest challenges facing women today is the persistent gender pay gap, which sees women earning less than men for the same work. This gap is especially pronounced for women of color and those in low-wage jobs. Additionally, women continue to face harassment and discrimination in the workplace and in society at large.

Here are 5 women who have made a difference in their communities and even the world, with their outstanding achievements, sheer bravery and pure humanity;

## 1) MARIE CURIE

Marie Curie was a Polish and French physicist and chemist who conducted pioneering research on radioactivity. She is remembered for the discovery of radium and polonium and also for her contributions to finding treatment for cancer. She was the first woman to receive a Nobel Prize award and in total won two Nobel Prize awards in her lifetime. Her efforts put into the Physics, Chemistry and even Medicinal field were not left unnoticed and today, she is seen as the woman who changed Science.





## 2) MAYA ANGELOU

Maya Angelou was an activist, journalist, actor, dancer and poet . Today, she is a world-famous author. She is known for her autobiographical style and for using her work to empower the African American community. Her autobiography, I Know Why the Caged Bird Sings, made a huge impact on the literary world and opened doors for African American authors and women . Through her fights as a civil rights activist, she has inspired many people and women to aim for a better future .



## 3)INDIRA GANDHI

Indira Priyadarshini Gandhi was an Indian politician and stateswoman who served as the third prime minister of India from 1966 to 1977 and from 1980 until her assassination in 1984. She was India's first, and to date, only female prime minister and a central figure of the Indian National Congress. Her biggest achievement following the 1971 election came in December 1971 with India's decisive victory over Pakistan in the Indo-Pakistani War that occurred in the last two weeks of the Bangladesh Liberation War, which led to the formation of independent Bangladesh.

## 4) ROSA PARKS

Rosa Louise McCauley Parks was an American activist in the civil rights movement best known for her pivotal role in the Montgomery bus boycott. The United States Congress has honored her as "the first lady of civil rights" and "the mother of the freedom movement. She occupies an iconic status in the civil rights movement after she refused to vacate a seat on a bus in favor of a white passenger in Montgomery, Alabama.



## 5) MALALA YOUSAFZAI

Malala Yousafzai, is a Pakistani female education activist and the 2014 Nobel Peace Prize laureate. Awarded when she was 17, she is the world's youngest Nobel Prize laureate, and the second Pakistani and the first Pashtun to receive a Nobel Prize. Malala and her father co-founded the Malala Fund to bring awareness to the social and economic impact of girls' education and to empower girls to demand change



International Women's Day is an opportunity to celebrate the achievements of women while also advocating for change. It is a day to recognize the contributions of women to society and to push for greater gender equality. By working together and supporting one another, we can continue to make progress towards a more just and equal world for all women.

# BOOK WEEK



Last week the world celebrated international book week. It was established by Every Child a Reader in 1919 and is the longest-running national literacy initiative in the United States. It has since been celebrated in over 50 countries in an attempt to encourage children to read and discover new books and authors.

Rainbow celebrated book week across both primary and secondary school, with primary having pajama day and a book reading campfire, and the whole school having exciting competitions such as the Bake a Book competition and the Masked Reader, which was done across two categories -Ks1 and Early-years, and KS2 and Secondary. Congratulations to all the winners!

On Friday, we all participated in a dress up day, and it was amazing to see everyone come as their favorite book characters. Everybody showed off their costumes in a fun parade in the morning, which was followed by a lovely reading of 'We're Going on a Bear Hunt' by Year 1 and some readings from students and Mrs. Wakiro.

Overall, it was a fun week filled with all sorts of amazing activities, and I hope next year will be just as successful! A huge well done and thank you to all the teachers, students and staff who made this possible!



**Julia Halim**



# PRIDE ROCK



It is with great pride that “PRIDE ROCK” became the epitome of productions in our school as evidenced in last week’s shows on Friday and Saturday. This was truly a magnificent piece of Art interwoven with hard work, dedication and collaboration. After such a long time the school production (Pride Rock) united us all again in laughter, nodding heads, and at point doing a jig. It is a play that included a wide range of students (Year 3 to A-Level Students). It reflected on how Rainbow School is a great family that cultivates integration and total member involvement of all stakeholders.

Talking of standing the test of time, the learners (actors, singers, instrumentalists), teachers, administration and parents have diligently endeavored for one and a half terms, to ensure that the show saw the light of day. Ranging from long practice hours to weekend rehearsals. All these did not deter or deflect the course of the ship. A BIG THANK you to everyone for your input, it is highly valued.

It is quite evident that after watching that spectacular show “Hakuna Matata”

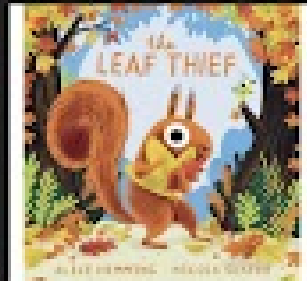
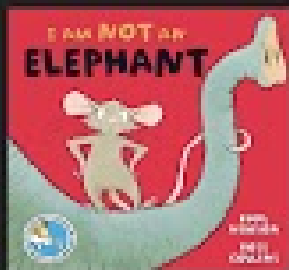


**Mr. Manono Edwin Seme**  
**Music Teacher - Primary**

# BOOKFLIX

Each week we will use this section to show you new books available in our primary library as well as what is popular right now with our primary children.

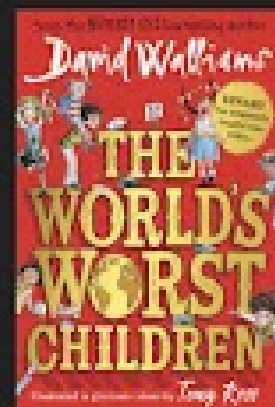
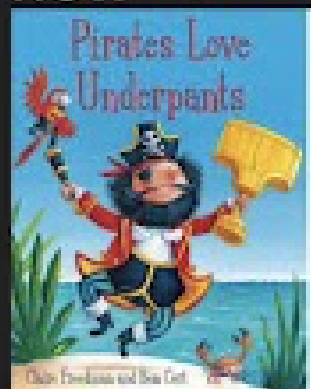
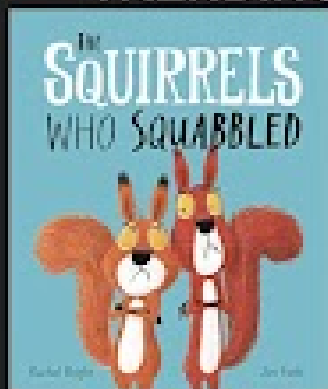
## NEW RELEASES: PRIMARY LIBRARY



Suitable for age 2-7 years


Suitable for age 8-12 years

## TRENDING NOW



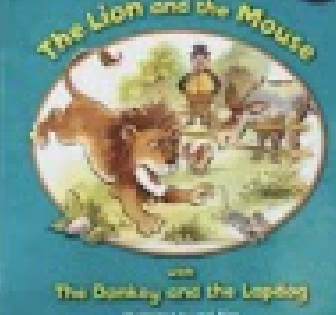
## REVIEWS

**The tortas and the hare**  
by Nestor



I red this book ones the tortas rase with the hare the hare fell a sleep the tortas continyou warking to the finish line in notime the hare wakup to lait , Wone has won the rase?


**AESOP'S FABLES**  
Easy Readers



**The Lion and the Mouse**  
with The Donkey and the Lepdog  
illustrated by Paul Hill

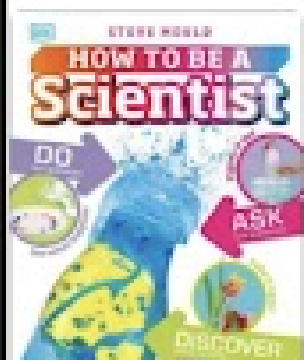
I think this fable is recommended for early readers. The stories are about not judging a book by it's cover and jealousy. If you like stories like these you might want to read them. By Anais.

**the EDGE chronicles 2**  
stormchaser by nadra



twig a boy who longs to explore the wonderful skies , and now he finally can for fill his dream . but he's on a quest to find stormphrax ( a valuable substance created inside the heart of a great storm ) but will our adventurer survive this disaster through the great storms force. book by Paul Stewart and Chris Riddell.

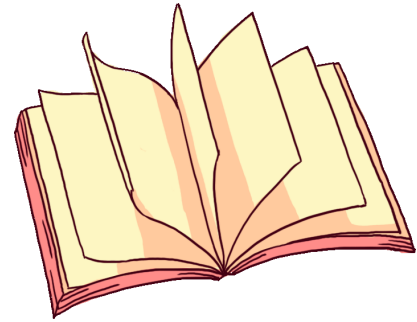
**How to be a scientist** by Marla



The Book has easy experiments you can try at home with out buying any thing. It also has things about gravity and the experiment results are shocking. My favorite experiment is the one with skillies on a plate and add some water and see what happens.

I recommend the book because you can try new things  
Read IT!!!

# STUDENT VOICE



Qn:What is your favorite book?

"Murder on the orient express"  
-Philippe,11KA

"Sherlock Holmes"  
-Paresh,11MO

"The hunger games"  
-Anirudha,11MO

"Vital connections"  
-Anuj,11KA

"Forever and a day"  
-Harrshith,11KA

"Harry potter"  
-Rishi,11KM

"Chaos Walking Trilogy"  
-Isabella,10BW

"River god by Wilbur Smith"  
-Mr Thomason

"Dead time"  
-Nidhi

"Oliver Twist"  
- Anonymous

"The very hungry caterpillar"  
-Anonymous

"The trouble of hating you"  
-Kashish Halai,10MA



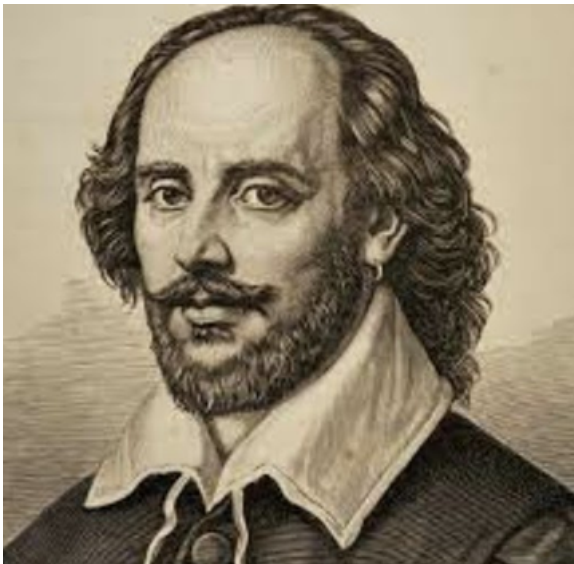
# GAMES

Q1) Who wrote the famous book series Harry Potter?

Q2) Which Roald Dahl book features the story of a girl getting kidnapped by a giant figure?



Q3) Identify this author:

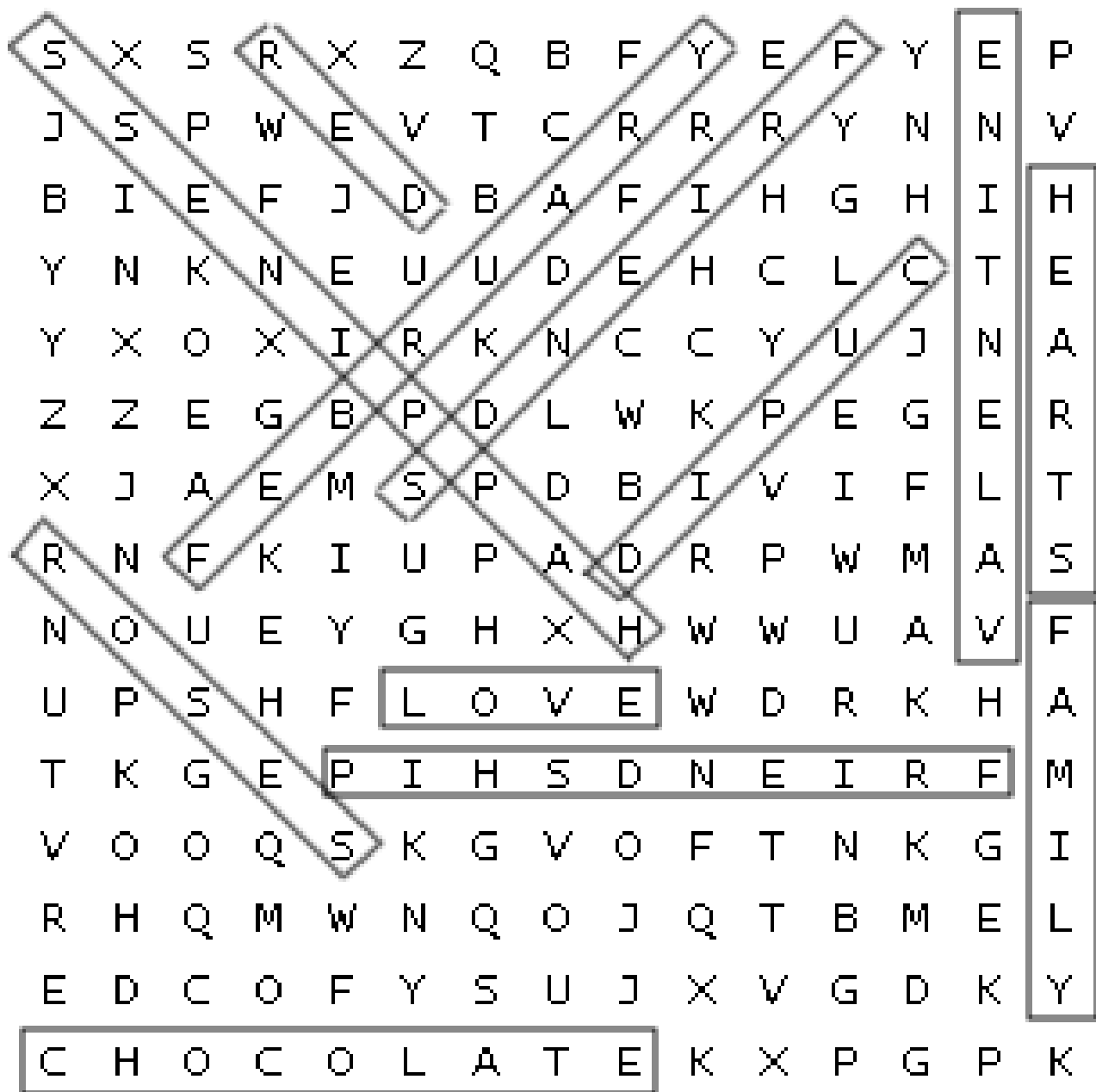


Q4) What is the name of a book that accounts the life of someone and is written by themselves?

Q5) What is the genre of Romeo and Juliet?



# GAMES: LAST WEEK'S ANSWERS



# ANNOUNCEMENTS:

-Cross Country has been postponed from the 14th of March to a new date that will be communicated later.

-Upon the completion of the basketball season, volleyball tryouts will be starting.

Monday March 13th, U16 and U20 girls.

Tuesday March 14th, U20 boys.

Wednesday March 15th, U16 boys.

Thursday March 16th, U13 Girls and boys.

Tryouts will run from 3pm to 5pm. Students will have to organise their transportation and should be picked up promptly by 5pm.

Permission slips are available at the PE office.

# QUOTE OF THE WEEK:

**“A strong woman stands up for herself. A stronger woman stands up for everybody else.”**

**– Unknown**