# THE WEEKLY RAINBOW



#### Vol.22 Iss.8

#### ISSAK Athletics Competition 2022

On 10 November, we had the ISSAK Athletics Competition. It was a time for competitors from schools all over Kampala to showcase their abilities and capabilities with their athletics skills. Here are experiences from some of our students:

"The races were very tiring and most of the participants from other schools were so competitive." - Asrom

"It was pretty fun, we met a bunch of people from other schools and it was cool to just explore ISU. The races were also really nice to watch and never felt boring. The only problem was that it was really hard to sit down because of the hill we were on."

- Vianney

"It was a great experience! Well done to everyone that participated!

- Katherine

#### Charan Ramalingam 11KM



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#### Remembrance Day



It was 11 a.m. on the 11th day of the 11th month of 1918. After four years of horror and hostility, sighs and screams, shells and shots...there was silence. And then cheering.

The War to End All Wars had come to an end. But it did not deliver on its promise.

History has seen conflicts of various sizes: from World Wars that have claimed millions of lives to conflicts with death tolls below a hundred. Nonetheless, the impact of 'smaller wars' should not be minimised or forgotten, since the pain from the loss of a human being does not dim, whether it is being shared by ten or ten million people.

The 11th day of the 11th month of 1918 was a day of celebration, but it was also a day of mourning. Death had

littered almost every part of the globe, and this became the lasting legacy of November 11: a day to mourn and remember the fallen, not only from lengthy wars with colossal death tolls but also from conflicts that we may not have even heard of.

So let us have a moment of silence and remember the soldiers, known and unknown, who have died in the line of service.



Philippe Okwe 11AK

#### The **Impact**

In the closing decades of the 20th century, performing arts critics became increasingly despondent about the longevity of these art forms. Some believed that the performing arts would gradually become obsolete, thanks to the rise of the TV and also of the early Internet. Despite these prophecies of doom, performing arts have not diminished as expected, and instead are continuing to attract new talent and expertise. There are several reasons why the performing arts are still essential to modern society.



Self-discovery and Expression
Performing arts can teach people
how to express themselves
effectively. Many performing arts
students suffer from shyness when
they start attending classes and
gradually become more confident as
they find ways to communicate. In
addition to teaching self-expression,
the performing arts help society as a

whole in self-knowledge and understanding. Theatre and the performing arts teach society about itself, hoping to point out the attitudes and mindsets of current society. It can be a tool used to educate people about their current conditions.



#### History and Education

There are so many performing arts schools in first-class cities because the performing arts teach us about our history and educate us in other ways. Classic theatre, such as Shakespeare, and Moliere, helps us to understand the people around us and how they might be expected to react in certain situations. Even works by Sheridan, such as the School for Scandal, teaches us about ourselves and were regarded as risqué political commentary when it was first performed. The fact that governments regularly attempt to close down theatres and other performing arts centres when there is a revolution or a military coup demonstrates the importance theatre has in order to maintain the history and understanding of a country's citizens.

#### Creativity

Above all else, the performing arts are about being creative. Without a creative voice, a society may become all but dead inside, and a social group without any creativity is likely to be repressive and tyrannical rather than a force for good. The importance of having people in society who can express themselves creatively is without doubt. Biologists have argued that the formation of creativity was the most important step in human development and that society cannot move forward without creative people. Most social groups have some kind of performing arts courses, whether that is learning how to perform traditional dance, or speaking Shakespeare in Stratford-upon-Avon (Shakespeare's birthplace). What is vital is that performing arts continue to be nurtured and encouraged.

Mr Kasule Drama Subject Coordinator



#### **World Cup Fixtures**

The 2022 FIFA World Cup kicks off on Sunday! Here are this weekend's fixtures:

Sunday, 20 November

Group A

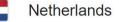




Monday, 21 November

Group A





Group B

England

Iran

Group B

USA

**W**ales

Courtesy of Google

SPORTS

SECTIO

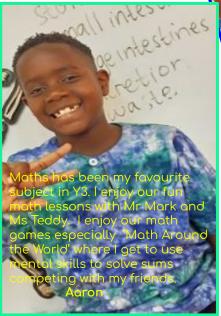
The change from KS1 to KS2 has been the best for us. It has been challenging but very exciting. Not only changing our classroom block but also what we are learning is inspiring and fun.





In English, I have enjoyed reading and writing stories. I enjoyed the 'Enormous Crocodile' and writing stories with familiar settings. I also enjoyed creating silly poems and acrostic poems and lots more!

Makayla



IPC has been fun and our favourite. We have enjoyed learning about Explorers from the past and the challenges they faced. We had to make a vlog pretending to be a famous explorer talking about their day. Making the sun dials from cardboard and sticks and trying them out in the sun to tell time was very fun too.

-Amariah & Chloe-

S E C

#### **World Cup Quiz!**

1. Which country won the World Cup in 2010?

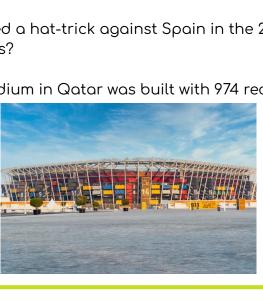


2. Who scored a goal during extra time in the World Cup final to win Germany the 2014 World Cup?



- 3. Which country has won the most World Cups?
- 4. Who scored a hat-trick against Spain in the 2018 World Cup group stages?

5. Which stadium in Qatar was built with 974 recycled shipping containers?



E S S E C

#### **World Cup Quiz!**

6. Name this ball:



7. Why does Denmark's jersey for the 2022 World Cup have no sponsors?

Please send your answers to <u>quiz@risu.sc.ua</u> by 4:30 pm and the winner will receive a prize!



### G A M E S

S E C

#### Last Week's Answers

#### Last Week's Quiz:

- 1. Hinduism
- 2. Rishi Sunak
- 3. 31 October
- 4. Gautam Adani
- 5. Australia
- 6. 20 November, in Qatar



## G A M E S

# SECTION

# QUOTE OF THE WEEK

"It always seems impossible until it's done"

- Nelson Mondelo